

28ma 20 Miles of Hills

0.0	0.0	▀	Start of route
0.1	0.1	←	L onto MD-22 E
2.3	2.2	←	L onto Glenville Rd
2.6	0.3	→	R onto MD-155 E
5.9	3.3	←	L onto MD-161 N
6.3	0.4	→	R onto Rock Run Rd
9.1	2.8	→	R to stay on Rock Run Rd
9.3	0.2	←	L onto Stafford Rd
13.1	3.8	↑	Continue straight onto Shuresville Rd
13.3	0.1	←	L onto Old Quaker Rd
13.6	0.4	↑	Continue onto Main St/Trappe Church Rd
15.5	1.9	←	L onto E Nobles Mill Rd
16.3	0.8	→	R onto Nobles Mill Rd
17.1	0.8	←	Slight L onto Main St/Trappe Church Rd

17.1 miles. +1163/-1298 feet

17.6	0.5	←	Slight L onto MD-136 S
17.7	0.1	→	R onto Trappe Rd
19.5	1.8	↑	Continue onto Sandy Hook Rd
23.4	3.9	←	L onto Gibson Rd
23.4	0.0	→	R onto U.S. 1 S
23.9	0.5	←	L onto Ruffs Mill Rd
25.1	1.2	←	L onto Thomas Run Rd
25.7	0.5	→	R onto Pennington Rd
26.5	0.9	→	Slight R onto Thomas Run Rd
27.4	0.9	↑	At the traffic circle, continue straight to stay on Thomas Run Rd
27.7	0.3	▀	End of route

10.6 miles. +1002/-879 feet